



Girls on the Run of Union County College Scholarship Spring 2025

Mission of Girls on the Run:

We inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.

Girls on the Run of Union County began offering programs in 2006 at various elementary and middle schools. Many GOTR alumni are now seniors in the Class of 2025. This is the 12th year that the organization has established and funded two \$1,000 scholarships for girls who participated in a Girls on the Run (Grades 3-5) or Heart and Sole (Grades 6-8) program.

Eligibility Criteria:

Any girl who participated in a Girls on the Run (grades 3-5) or Heart and Sole program (grades 6-8) in Union County and will enter college in the fall of 2025 is eligible to apply for a Girls on the Run of Union County College scholarship.

Scholarship Guidelines:

The scholarship will be administered according to the following guidelines:

1. Girls on the Run of Union County will administer this scholarship by utilizing a scholarship committee, which will consist of at least three members of the Board of Directors.
2. The scholarship will be awarded for \$1,000 and shall be payable to the recipient. The \$1,000 scholarship will be a one-time payment.
3. Only girls who formerly participated in a Girls on the Run or Heart and Sole program in Union County will be eligible for the scholarship.
4. Only girls who are seniors in a Union County high school are eligible for this scholarship.
5. Scholarship recipients must enroll as a full-time college student in the fall semester following the award of the Girls on the Run of Union County scholarship.
6. The recipient of the scholarship must:
 - a. Have a minimum GPA of 3.0 (weighted)
 - b. Exhibit the ideals from the Girls on the Run Vision and Values of being joyful, optimistic, grateful, and nurturing of one's health.
 - c. Respond to the open-ended/essay responses on the 2nd page of this application

- d. Submit two letters of character reference (one from a teacher and one from another person of one's choosing such as a coach, advisor, or employer). The reference letters should focus on how you exhibit the traits described in item (b) above.
 - e. Complete a community service project within the academic school year. A one page summary of the community service project with signature from the project coordinator also needs to be submitted.
 - f. Submit a current high school transcript
7. The Scholarship Committee reserves the right to interview all candidates or only the top finalists, at the committee's discretion.
 8. The Scholarship recipients will be notified of their selection by the Girls on the Run of the Union County Scholarship Committee and will be recognized during the student's school awards program or as the school administration deems appropriate.
 9. Decisions of the Girls on the Run of Union County Scholarship Committee are final.

Girls on the Run of Union County Spring 2025 Scholarship Program

Respond to the short answer questions below by attaching a separate document. The document should not exceed two typed pages, single-spaced.

*Your name and high school should be clearly indicated at the top of your document.

*Please attach a current copy of your transcript and your two letters of reference.

- I. Provide the year and location of your Girls on the Run or Heart and Sole program participation in Union County, along with your reflections on that experience, including the culminating 5K.
- II. List the activities that you have participated in during high school, along with honors received or offices held.
- III. The Girls on the Run program is designed to help girls recognize and honor their individual strengths and talents and to celebrate their inner selves. Describe your inner strengths and talents as you see them, and describe your perspective of what it means to “celebrate your inner self”.
- IV. Describe your future plans, along with your view of how you will maintain your physical, emotional and social well-being as you transition to college and adulthood. How can you help inspire and support others to do the same?

*Please submit these documents to the address/contact information below by April 8, 2025. The documents may be emailed or mailed.

Girls on the Run of Union County

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